

Zumba® Kids

Perfect for our younger Zumba® fans! **Kids 7-11** years old get the chance to be active and jam out to their favorite music. Zumba® Kids classes feature kid-friendly routines based on original Zumba® choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, cultural awareness.

FRIDAYS -2.45/3.45 pm- 8 WEEKS-100\$

September:7,14,21,28/ October:5,12,19,26—wear a gym shoes & comfortable cloths. INSTRUCTOR: BERRIN ALYANAK. Make checks for –100\$- payable to Berrin Alyanak

-You can send the check first day of the class. **Registration forms must return to instructor with email in advance !!berrinkandilci1@hotmail.com**

REGISTRATION

FORM

Child Name: _____

Grade/Teacher/Room: _____

Parent Name: _____

Parent Email Address: _____

Emergency Contact Phone Number: _____

My child will go to daycare: _____

I will pick up my child after school: _____